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# CASEN EDUCATION

Collaborative Advancement for Social-Emotional Needs



## *Social-Emotional Development*

- Self-Awareness
- Self-Management
- Social Awareness
- Relationship Skills
- Responsible Decision Making

## *Mental Health Development*

- Mental wellness
- Anger
- Anxiety
- Depression



## *Bullying Identification*

- Physical Bullying
- Verbal Bullying
- Social Bullying
- Cyberbullying

## *Social Media Readiness*

- Do's & Don'ts of Social Media
- Social Media Etiquette
- Dangers of Social Media
- Self-control to not over-post and instead wait for a response
- Digital Footprint



For more information  
[www.casenllc.com](http://www.casenllc.com)



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