



# CASEN EDUCATION

COLLABORATIVE ADVANCEMENT FOR SOCIAL-EMOTIONAL NEEDS

## *Social-Emotional Development*

- Self-Awareness
- Self-Management
- Social Awareness
- Relationship Skills
- Responsible Decision Making

## *Mental Health Development*

- Mental wellness
- Anger
- Anxiety
- Depression

## *Bullying Identification*

- Physical Bullying
- Verbal Bullying
- Social Bullying
- Cyberbullying

## *Social Media Readiness*

- Do's & Don'ts of Social Media
- Social Media Etiquette
- Dangers of Social Media
- Self-control to not over-post and instead wait for a response
- Digital Footprint



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## *Cognitive Development*

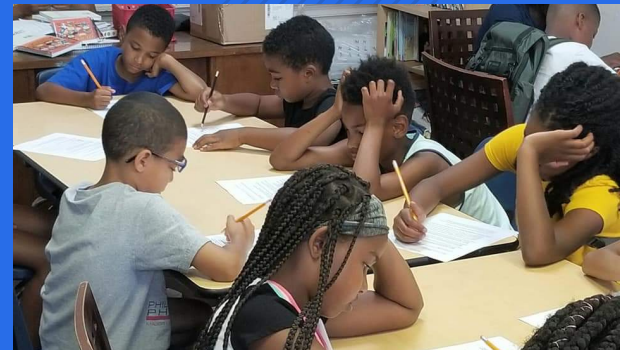
- How children think, explore, and figure things out
- Advanced reasoning skills
- Abstract thinking
- Recognize many viewpoints
- Explain the process of thinking

## *Physical Development*

- Body awareness
- Identify the benefits of body awareness

## *Academic Development*

- Executive Function
- Resilience
- Safety
- Equity
- Empowerment



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