



# CASEN Education

## Collaborative Advancement for Social-Emotional Needs

### *Social-Emotional Development*

- Self-Awareness
- Self-Management
- Social Awareness
- Relationship Skills
- Responsible Decision Making



### *Mental Health Development*

- Mental wellness
- Anger
- Anxiety
- Depression



### *Anti-Bullying*

- Physical Bullying
- Verbal Bullying
- Social Bullying
- Cyber Bullying

### *Identity Development*

- Identity
  - Personality Identity
  - Social Identity



## *Cognitive Development*

- How children think, explore and figure things out
- Advanced reasoning skills
- Abstract thinking
- Recognize many view points
- Explain the process of thinking



## *Physical Development*

- Body awareness
- Identify the benefits of body awareness



## *Academic Development*

- Executive Function
- Resilience
- Safety
- Equity
- Empowerment



## *Social Media Readiness*

- Do's & Don'ts of Social Media
- Social Media Etiquette
- Dangers of Social Media
- Self-control to not over post and instead wait for a response

